



FOR IMMEDIATE RELEASE

South Bay Workforce Investment Board
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**South Bay Workforce Investment Board Honors 35 Cadet Graduates
During Fit For Gold Tutoring & Fitness Academy Award Ceremony**

HAWTHORNE – Thirty Five high school and college students were honored May 17th during the 15th Annual Fit For Gold Tutoring & Fitness Academy Graduation Ceremony held at Rogers Park in Inglewood. The program is operated by the South Bay Workforce Investment Board (SBWIB).

Family members, training partners, educators and local elected officials attended the ceremony including: Inglewood Mayor James T. Butts Jr and Councilman Alex Padilla; Gardena Mayor Tasha Cerda; Hawthorne Councilwoman Olivia Valentine; El Segundo Mayor Drew Boyles; Lomita Mayor Pro Tem Henry Sanchez; Lawndale City Councilmembers Pat Kearney and Bernadette Suarez. State Senator Steven Bradford was represented by Brenda Baker, and Assemblymember Al Muratsuchi was represented by Andrew DeBlock. Centinela Valley Union High School District Superintendent Dr. Greg O'Brien also participated in the awards presentations.

SBWIB Executive Director Jan Vogel opened the ceremony and thanked the training partners and business partners that provide financial support and tutoring. After presenting an inspirational address, Mayor Butts joined with Mr. Vogel to present two \$500 scholarships provided by West Basin Water District and the SBWIB to Cadets Giovanna Gutierrez from Inglewood Animo Charter High School, and Imani Bush of Gardena High School.

The Fit For Gold Tutoring & Fitness Academy is an after-school program that trains high school seniors to provide homework assistance, nutrition information and physical fitness activities to students, grades 3 - 8, while participating in 36 hours of enrichment and mentoring training and college – readiness activities.

“The effectiveness of this program is shown in the fact that of the 98 percent of the students who complete the program, 90 percent of them go onto post - secondary education,” Mr. Vogel said.

Fit For Gold was established in 2003 as an intervention program to help raise declining student test scores and reduce the rate of cardio vascular disease among elementary and high school ages students living in the SBWIB’s service area comprised of the cities of Carson, Gardena, El Segundo, Hawthorne, Hermosa Beach, Inglewood, Lawndale, Lomita, Manhattan Beach, Redondo Beach and Torrance. It is funded through various federal, state, county and foundation grants.

For further information contact us at (310) 970-7700 or visit us at www.sbwib.org

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SBWIB Fit For Gold Photo Caption



Redondo Union High School senior Hunter Franklin looks over his graduation certificate during the awards ceremony honoring all 35 Cadets who completed the 2018 Fit For Gold Tutoring & Fitness Academy presented by the South Bay Workforce Investment Board. The ceremony was held at Rogers Park in Inglewood.



Fit For Gold Cadets were honored by educators and civic leaders May 17, 2018, during graduation ceremony conducted by the South Bay Workforce Investment Board at Rogers Park in Inglewood.

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